

## Structure your lessons



- Define the starting and target point of your lesson
- Thread your lessons clearly
- Make your approach transparent
- Consider the methodological principals

## Choose the right skiing technique focus



- Decide which movements and competences you have to develop to reach the determined goal
- Mind the context of action and function in the current situation

## Use effective and inspiring methods



- Choose your tasks in a target way
- Use different teaching methods and task types
- Create „Aha“-effects
- Do sth. New and special

# B egeisternd – I ndividuell - Z ielorientiert

## Ensure an appreciative and positive atmosphere



- Know the names
- Break the ice
- Develop a basis of trust
- Encourage personal exchange
- Teach at eye level
- Be authentic, sovereign, clear
- Give your students safety

## Place the ski student in the centre of attention



- Pay attention to every student
- Clarify the expectations of each course participant
- Observe everyone and give constructive feedback
- Respect differences

## Rise Emotions



- Create positive memories
- Expand the horizons of the participants
- Create experiences of success
- Sound out boundaries, challenge your students
- Create WOW-effects

